

2024

PEER TO PEER SUPPORT GROUPS



WorkLife Central runs informal, friendly and confidential groups connecting professionals who may be facing similar personal situations.



**Single
Parents**



**Parents of
LGBTQ+
Children**



Menopause



**Carers of
Elderly
Relatives**



**Parents of
Neurodivergent
Children**



**Upcoming
dates**

Taking place at 12.30pm-1.30pm every 2 months, you can join regularly or as a one-off - no commitment required. Click on or scan the QR code to visit our website, check dates for the next meetings and book your place.

Browse our full schedule at
worklifecentral.com and
download our app here:

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